

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Westfield Senior Citizens Housing Sample Activities Calendar		1:00 QUILTING 1	2	10:30 YOGA 3 2:00 MOVIE CLASSIC"ANNIE GET YOUR GUN" 4:00 EXERCISE	4 12:30 RED LOBSTER 1-2:30 COMPUTERS W/CHAD	5	
		6 11:00 EXERCISE W2 7:00 BINGO	7 1:00 QUILTING 8	9 6:15 ECHO LAKE PARK 7:00 BUNCO	10 10:30 NO YOGA 4:00 EXERCISE	11 1 TRIP 11:45 POINT PLEASANT 1-2:30 COMPUTERS W/CHAD	12
		13 11:00 EXERCISE W2 7:00 BINGO	14 1:00 QUILTING 15	16 3-3:30 FOOD COLLECTION 6:15 ECHO LAKE PARK 7:00 MINIATURE GOLF OUTING	17 10:30 YOGA 4:00 EXERCISE	18 12:30 WOODBRIDGE MALL 1-2:30 COMPUTERS W/CHAD	19
		20 10:00 CHAT ROOM -BABY PHOTO'S 11:00 EXERCISE W2 7:00 BINGO	21 1:00 QUILTING 22	23 1TRIP TO TOWN 11:30 RACETRACK OUTING 6:15 ECHO LAKE PARK	24 10:30 YOGA 2:00 MOVIE CLASSIC" WEST SIDE STORY" 4:00 EXERCISE	25 12:30 BARGE REST. 1-2:30 COMPUTERS W/CHAD	26
		27 11:00 EXERCISE W2 7:00 BINGO	28 1:00 QUILTING 29	30 10:00 BALANCE SCREENING 1:00 BUNCO 6:15 ECHO LAKE PARK	31 10:30 YOGA 2:00 ARMCHAIR TRAVEL "CONEY ISLAND" 4:00 EXERCISE	PLEASE CHECK THE BULLENTIN BOARD AND VCTV CHANNEL 34, FOR UPDATES AND CHANGES. 	